



ALEXANDER VALLEY UNION SCHOOL DISTRICT

**MENU IS SUBJECT TO CHANGE
WITHOUT NOTICE.
Lunch price is \$4.00**

**MILK IS SERVED WITH EVERY MEAL
EXTRA MILK IS \$.25**

MARCH 2010

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”

Monday	Tuesday	Wednesday	Thursday	Friday
1 Egg roll, brown steamed rice & Green beans, fortune cookie & orange wedges	2 Chicken sandwich on wheat bun, Whole grain cookies Mini carrots, and whole apple	3 BBQ pork rib sandwich Celery sticks and banana	4 Pepperoni pizza Cole slaw Apple	5 Hot Dog Day 
8 Corn dog French fries Fresh fruit and veggies	9 Spaghetti W/ meat sauce Whole grain roll Fresh fruit and veggies	10 Chicken/Rice burrito Mexicali corn,churro Fresh fruit & veggies	11 Pepperoni pizza Green salad w/ ranch dressing Fresh fruit	12 Breakfast for lunch French toast sticks and sausage patties Fresh fruit & raisins
15 Tuna sandwich w/lettuce on wheat bread, Cheese-it Scrabble Jr. Fresh Fruit	16 Chicken Tenders, Green beans, fresh whole grain roll, and fresh fruit	17 Cheese burger on wheat bun and fries fresh fruit & veggies	18 Pepperoni Pizza Cole slaw Apricot Crisp	19 Hot Dog Day 
22 Bean and cheese burrito Tortilla Chips and Salsa fresh fruit and veggies	23 Turkey Sub sandwich w/lettuce pretzels Fresh fruit	24 BBQ pork rib sandwich Apple sauce Fresh veggies	25 Pepperoni Pizza Green salad w/ ranch Fresh fruit	26 NO SCHOOL
29 Chicken Sandwich on Wheat bun w/ fries Fresh fruit and veggies	30 Tamale w/ cheese stick Tortilla chips and salsa , fresh fruit & veggie	31 Hot ham and cheese sandwich Fresh fruit & veggies	All sandwiches are served with condiments	Ketchup - mustard - mayo packets

START YOUR DAY WITH A GOOD BREAKFAST...DRINK YOUR MILK, IT HELPS BUILD STRONG BONES AND TEETH...EAT LOTS OF FRESH FRUIT AND VEGGIES, ASK FOR EXTRA IF YOU LIKE...IF YOU DON'T LIKE PART OF YOUR MEAL, SHARE WITH A FRIEND ..PLEASE DON'T WASTE.....

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